

Evaluation and Treatment of Patient with Dizziness and Balance Disorders

A Comprehensive Approach through Vestibular Rehabilitation Therapy

Date: July 29 & 30, 2016. Dubai

Course Description:

Evaluation and Treatment patients with dizziness and balance disorders is a great challenge to today's health care professional. An estimated 42% of the adult population will report episodes of dizziness or vertigo to their physicians and 85% of them will be due to vestibular dysfunctions. Vestibular disorders can cause dizziness, imbalance, and subsequent risk of fall and thereby greatly limit mobility, function, and quality of life. Vestibular rehabilitation is a growing, and much needed, area of therapy in which the therapists can guide a patient through the course of their dysfunction, assist them in recovery, and help to give them back the ability to participate in their lives. This basic to intermediate two-day course will overview therapists' role in vestibular rehabilitation and enhance the clinician's knowledge base and hands-on skill through lecture, case studies, demonstration and practice and video presentation. Instruction will focus on review and analysis of relevant topics including anatomy and physiology of both vestibular and balance systems, assessment of vestibular disorders, diagnostic tests, medical management, rehabilitation with appropriate treatment strategies including Adaptation, Substitution, Habituation Exercise and concepts behind a successful vestibular rehabilitation and balance program. Emphasis will be placed on current research using a variety of therapeutic approaches in treating patient with vestibular dysfunctions and balance disorders that will provide a foundation from which appropriate decision can be made with regard to patient needs. This course is designed for participants with a basic

Course Objectives:

Upon successful completion of this course, participants should be able to:

- * Describe the anatomy and physiology of the vestibular system and balance systems.
- * Understand the role of the vestibular system in postural control and balance
- * Describe the pathophysiology of common vestibular disorders and non-vestibular dizziness and balance disorders
- * Compare and contrast the principles of adaptation, Habituation and substitution
- * Understand the importance of vestibular system assessment in Neuromusculo-skeletal disorders
- * Demonstrate at least 3 specific tests of vestibular function.
- * Differentiate between common vestibular hypofunctions
- * Differentiate between types of BPPV and precisely perform canalith repositioning maneuver.
- * Identify and describe appropriate treatment interventions for patients with vestibular dysfunction and Balance dysfunctions.
- * Describe the current advances in medical science that have implications for management of patients with vestibular disorders
- * Gain basic knowledge to develop and implement Vestibular Rehabilitation Therapy program in hospital, nursing home, out-patient and homecare setting

Faculty :

Saravanan Chockalingam , PT, DPT, CLT, CYT

Saravanan Chockalingam, PT, DPT, CLT, CYT is a Physical therapist specialized in Vestibular Rehabilitation and is currently practicing in an outpatient and in home care settings at Therapy Consultants, PC , Waterford, Michigan.

He has been practicing physical therapy for more than 24 years and has had the opportunity to practice his unique skills of vestibular rehabilitation for 12 years in a variety of clinical settings. He attended several seminars and clinical meetings on vestibular rehabilitation and implemented the same in his own private practice. He also successfully developed and implemented Vestibular rehabilitation programs in home care, hospital and outpatient rehabilitation settings. Dr. Chockalingam has provided numerous presentations on vestibular pathology and rehabilitation in the form of seminars as well as in-services training before therapists and physicians, both nationally and internationally.

He completed his Doctorate degree in Physical therapy at Utica, New York. He is listed as Professional Member and Vestibular specialist in Vestibular Disorder Association. He is also a certified Lymphedema therapist.

Date : July 29 & 30, 2016. Time 9 am to 4:30 pm

Venue: Edutrack Seminar Hall, suite 302, Al Qusais Plaza,
Damascus street, Al Qusais, Dubai

CME Accreditation in process

Fees: 14,00 AED for two days

Registration Process:

Step 1. Submit an Online Registration form at www.physioseminar.net

Step 2. Do the Payment (Options)

- a. Cash Deposit
- b. Bank Transfer
- c. Cheque in favour of Edutrack Events, Dubai

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Email: edutrackevents@gmail.com

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