

# Certified Kinesiotaping Course In the UAE

Approved and Certified by the Kinesiotape Association USA

KT3

29<sup>th</sup> May, 2015

Venue: **Edutrack Seminar Studio**

Suite 302, Al Qusais Plaza, Damascus street, Al Qusais Dubai

(Friday) 09:00am till 4:30pm

## Cornerstones of the Kinesio® Taping Method:

- Taping over and around muscles in order to assist and give support or to prevent over-contraction.
- Applying stretch to the tape or to the target area in order to create space under the skin and create the desired effect on the musculature.
- Affecting change in deeper layers of fascia by manipulating the skin and muscle.
- Creating space underneath the skin to improve circulation and lymphatic drainage.
- Utilizing a number of corrective techniques to promote correct muscle and joint function
- Pain relief by targeting the pain and the source of the pain
- Utilizing single "I" strips or modifications in the shape of an "X," "Y" or other specialized shapes
- Applying base of tape with no tension to create pull towards the base

## Instructor:

Dr. Ghazi Sarhan, DPT, MS, CKTI  
Consultant Physical Therapist & EMG  
Certified Kinesio Taping Instructor  
Bahrain

Organised By



**Course Fees:** 1200 AED ( for one day )

(This includes course fees, Seminar Kit, certificate of attendance, Light Lunch and refreshments.)

To be an KTA approved practitioner one should complete KT1, KT2, and KT3 and should be a member of the Association and should successfully pass an online exam.

**Target group :** The course is open for : Physiotherapist, Occupational therapist, Osteopath, Chiro, Sports therapist, MDs and other musculoskeletal, sports and rehabilitation specialists.

## Contents:

### KT3 - KINESIO® TAPING CERTIFICATION COURSE

(ATTENDEES MUST COMPLETE KTA APPROVED KT1 AND 2 COURSES BEFORE TAKING KT3)

- **Combines KT1 and KT2 coursework**
- **Features lab sessions to practice Kinesio® Taping applications**
- **Covers some of the more advanced techniques of the Kinesio® Taping Method**
- **Tailored to specific conditions. (Sports injuries)**
- **Upon completion, attendees will be eligible to take the CKTP exam**

## REGISTRATION PROCESS:

Step 1. Submit an Online Reg form at [www.physioseminar.net](http://www.physioseminar.net)

Step 2. Do the Payment (Options)

- a. Cash Deposit
- b. Bank Transfer
- c. Cheque in favour of Edutrack Events, Dubai

### Bank Details:

Account Name: Edutrack Events  
Bank Name : Emirates Islamic Bank  
Branch Address: Khalid Bin Waleed Street, Bur Dubai, Dubai  
Account No : 0014-616272-001  
IBAN Number : AE240340000014616272001  
Swift Code: MEBLAEAD

Step 3. Inform the payment details by Email / SMS



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